



STUDY MANUAL

SCHOOL OF
PRAYER

HOW YOU CAN DEVELOP
A POWERFUL PRAYER LIFE
FOR THE END TIMES

LARS ENARSON

How You Can Develop a Powerful Prayer Life for the End Times

“The end of all things is near.
Therefore be clear minded and self-controlled so that you can pray.”

— 1 PETER 4:7

AN EFFECTIVE, personal prayer life is an absolute necessity in the end times. Thousands around the world have been helped and inspired by this practical teaching to develop a powerful prayer life.

Prayer is working together with God to change the world around us. Nothing is impossible! Discover how the prayer of intercession works and how you can pray like Jesus prayed. The greatest revival in history is ahead of us. Every revival has always been preceded by persevering, intense prayer. God is looking for intercessors!

- Lesson 1: **Why Pray?**
- Lesson 2: **What Is Prayer?**
- Lesson 3: **The Prayer of Intercession**
- Lesson 4: **You Can Pray Like Jesus**



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WORKBOOK

SCHOOL OF
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LARS ENARSON

School of Prayer: How You Can Develop a Powerful Prayer Life for the End Times (Workbook)

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“The end of all things is near.
Therefore be clear minded and self-controlled
so that you can pray.”

— **1 PETER 4:7**

“Lord, teach us to pray.”

— **LUKE 11:1**

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Introduction

Jesus said, "My house will be called a house of prayer." This is how the church began and this is also how it will end (1 Peter 4:7). The church that Jesus is building in these last days, which the gates of hell cannot prevail against, is a house of prayer.

The purpose of this *School of Prayer* is to help believers develop an effective personal prayer life. Our personal prayer lives is the foundation upon which all other prayer is built. The level of each intercessor's personal communion with the Lord in prayer, will determine the effectiveness of the corporate prayer ministry of the church.

In 1993 when we started our international prayer ministry, God spoke to me from Ezekiel 13:5 about repairing the breach in the wall around Gods people, so that they can stand in the battle on the day of the Lord. "You have not gone up into the breaches, or built up a wall for the house of Israel, that it might stand in battle in the day of the Lord." My prayer is that this *School of Prayer* will be a help to meet this need.

This *Study Manual* can be used separately but is designed to be used as a follow up to the spoken lectures that you can find on our website *norden714.com*. The answers to all of the study questions are found in the Scripture references after each question, but also in the recommended answers in the end of the *Study Manual*. It is ok to go there for help to find the answers, but try to formulate the answers first on your own. Then you can compare them with what is the recommended answers.

Colossians 4:2 tells us to devote ourselves to prayer. I believe that to be the most urgent need in this hour. We need an army of prayer warriors today like Paul's associate Epaphras, "Epaphras, who is one of you, a servant of Christ Jesus, greets you, always struggling on your behalf in his prayers, that you may stand mature and fully assured in all the will of God. For I bear him witness that he has worked hard for you and for those in Laodicea and in Hierapolis." (Colossians 4:12–13)

May the Lord use this *School of Prayer* to raise up many such intercessors in our day, who labor faithfully in enduring prayer for God's people, so that the Kingdom of God can break forth in power.

Lars Enarson

Lesson 1: Why Pray?

“It seems to me that God is doing nothing,
except through prayer.” — John Wesley

KEY VERSE:

“The end of all things is near. Therefore be clear minded
and self-controlled so that you can pray.” — 1 Peter 4:7

INTRODUCTION

God called me to prayer in 1977. While I was in prayer, I found myself starting to cry out desperately to God that He would send revival. God answered immediately and said: “I will send a revival that will be greater than anything previous in history, but ... it will only happen to the same extent that My people pray it into being!”

1. What does Amos 3:7 tell us always happens before God does anything?

2. Give a reason for this. Daniel 9:2–3; Matthew 6:9–10

3. What is the most important thing that we can do in the end times? 1 Peter 4:7

Where the church is growing the most today, like in China, Latin America, and Africa, the Christians have little or no political or financial power. Many times they have even very little access to the Bible. But they do pray! Throughout history, we cannot find one example where God's people has been victorious without prayer. There have been revivals without much preaching, but there has never been a revival without much prayer.

4. The first disciples lacked both

_____ and _____ power.

But they had _____ power. Acts 3:6; 4:18

5. What did Jesus say that God's house would be called? Matthew 21:13

6. What is the only alternative?

7. What kind of battle are we involved in? Ephesians 6:12

The victorious, end-time church that God is raising up today will be one that knows how to pray and how to use the spiritual weapons that God has given her.

JESUS OUR EXAMPLE

8. What did the disciples ask Jesus to teach them? Luke 11:1

9. Why did they ask?

10. What can we see in Jesus from His childhood? Luke 2:40

11. How did Jesus operate in His earthly ministry? John 5:19–20

12. How did Jesus pray?

a) Mark 1:35

b) Luke 3:21–22

c) Luke 4:1–2, 14; Psalm 35:13

d) Luke 5:16

e) Luke 6:12

f) Luke 9:28–29

g) Luke 22:41–43

h) Luke 22:44; Hebrews 5:7

THE NECESSITY OF A CLEAR MIND

“The end of all things is near. Therefore be clear minded and self-controlled so that you can pray.”
1 Peter 4:7 (NIV)

13. What are the two major conditions for developing a prayer life? 1 Peter 4:7 (NIV)

A common problem when we pray is that our thoughts easily drift away into to other things.

14. What do we have to overcome in order to have a clear mind? Romans 12:2; 1 Cor 2:12

15. Besides dissipation and drunkenness, what will be a great battle in the last days? Luke 21:34

Worries attack our minds. They are often a result of wrong priorities in our lives.

16. What are we to do with our cares? 1 Peter 5:7

17. What was Martha rebuked for in Luke 10:41?

18. Jesus said that only one thing is needed. What had Mary done? Luke 10:42; 39

19. How are we to live our lives? 1 Timothy 2:2

20. What are we to set our minds on? Colossians 3:1–2

21. What does the Bible say cannot coexist in our lives? 1 John 2:15

22. The fall of man involved eating. What can help us overcome the pull from the world in our lives and free our minds? Matthew 4:1–4

23. What is the essence of fasting? Ezra 8:21; 1 Kings 21:27–29; Psalm 35:13

The Hebrew word in Lev 23:27, which is understood to mean fasting is usually translated as “afflict yourselves” (ESV), “deny yourselves” (NIV), or “afflict your souls” (NKJV).

24. Is fasting something that God expects of every believer? Matthew 6:16; 9:15

25. We are living today in a media society unlike any time before in history. Give some examples of this.

26. What is often the number one hindrance to developing a strong personal prayer life today?

27. Instead of worry, God wants us to have hope. What can give us hope? Romans 15:4

28. What must abide in us in order for us to have an effective prayer life? John 15:7

Casting our cares upon the Lord, fasting and filling our minds with Scripture are important Christian disciplines that help us get a clear mind so that we can pray effectively.

THE NECESSITY OF SELF CONTROL

29. Daniel was a man of prayer. What characterized his life that is necessary for developing a prayer life? Daniel 1:8; 6:10

30. What did Jesus tell His disciples who could not stay awake to pray with Him? Matt 26:41b

31. Who is our number one enemy to developing a prayer life? 1 Corinthians 9:26–27

32. What must we do with our bodies? 1 Corinthians 9:27

33. What is the key to doing this? 1 Corinthians 9:24–25

*Just like an athlete who wants to compete in the Olympics, we must discipline every area of our lives and train our bodies to become obedient servants. **The willingness in our spirit to pray must be able to overcome the weakness of our body.***

34. What does the Bible tell us to do in Colossians 4:2a (NIV)?

Every skill in life takes discipline and effort to learn. Prayer is no exception. Pastor Larry Leah mentions three stages, “the three D’s,” that we go through when we develop a prayer life:

1. *It starts with a **Desire** to pray.*
2. *If we add **Discipline** to the desire*
3. *Prayer will become a **Delight***

THE DIFFERENCE BETWEEN DISCIPLINE AND LEGALISM

35. What are we to trust in for a right standing with God? Romans 3:24–25a

***Legalism** is a mind set that says we must do certain things in order to be accepted by God. This will lead to **pride** when we make it, or **condemnation** when we fail. It is to live under a curse (Galatians 3:10), from which Messiah has set us free. (Galatians 3:13–14).*

36. What is self-control? Galatians 5:22–23

37. What did Paul say about the grace of God towards him? 1 Corinthians 15:10

We must learn to only trust in the blood of Jesus and the grace of God for our right standing with Him. Self-control and discipline will cause the grace of God towards us to not be in vain.

EFFECTIVE PRAYER HABITS

38. What can we learn from Daniel's prayer life? Daniel 6:10

1. He had a _____ for prayer.
2. He had set _____ for prayer.
3. It was a _____ in his life.

39. What does Jesus teach us about prayer in Matthew 6:6?

40. What does the Bible say about the days we are living in and what must we do with time?
Ephesians 5:16

*We never **get** time to pray; we have to **take** time to pray. This takes discipline and self-control. Only the Holy Spirit can teach us how to pray. It is our responsibility to give Him the opportunity to do that by setting aside ample time for prayer.*

41. When is usually a good time for prayer? Psalm 63:1; Isaiah 50:4; Mark 1:35

42. What are other good times? Psalm 55:17; Isaiah 26:9; Luke 6:12

A great help for your prayer life is to have a prayer diary. Write down:

- 1. A prayer list of what God tells you to pray for. Update it periodically.*
- 2. Answers to prayer. Give God thanks!*
- 3. What God speaks to you during prayer.*

Five practical steps to develop a personal prayer life:

- 1. Have a **place for prayer** where you can be alone with God.*
- 2. Have a **set time** every day when you can be alone with God to pray.*
- 3. **Decide the minimum length of time** that you are to spend in prayer.*
- 4. Begin the prayer time by taking a short time to **read from the Bible**.*
- 5. Have a **prayer diary**.*

PRAYING THREE TIMES A DAY

Daniel prayed three times a day. It is a biblical pattern that has been a custom among believing Jews throughout the ages. King David wrote: “But I call to God, and the Lord will save me. Evening and morning and at noon I utter my complaint and moan, and he hears my voice.” (Psalm 55:16-17) Likewise, a first-century Christian training manual, The Didache (The Teaching), says: “Pray in this way three times every day.” (Didache 8:3) Thus, praying three times a day was a custom even among the early Christians. We need to renew this biblical habit again in our day.

BENDING THE KNEE IN PRAYER

Daniel knelt as he prayed three times a day. (Daniel 6:10) The Bible also speaks of standing and praying. (Mark 11:25) And when the Spirit fell on the day of Pentecost, the disciples sat down. (Acts 2:2) But it is an ancient biblical pattern and a special blessing to humble oneself before God when one prays by bending one’s knees. Jesus knelt as He prayed. (Luke 22:41) Paul knelt as he prayed. (Acts 20:36; Ephesians 3:14–16) The early believers did the same. (Acts 21:5)

ASSIGNMENT

How much time do you spend in average every day in prayer?

How much time do you spend in average every day watching TV, being on the Internet, or reading newspapers?

How much time do you believe that God would like you to start spending with Him in prayer every day? (Remember to start out small. Then you can increase the time.)

When is the best time for you to pray each day?

Remember to avoid the trap of legalism! Do not try to measure your spirituality by how much you pray every day. We are only as spiritual as we are crucified with Christ and dead to self and reveal the fruit of the Spirit in our lives. Discipline is a tool to help us take control over our flesh.

COMMITMENT

I want to start to train myself to develop personal prayer habits in my life. During the next seven days I will take time to pray every day between _____ and _____ .

After these seven days I will evaluate my experience and will continue to develop my personal prayer life by setting goals for my prayer time as the Holy Spirit directs me.

When I fail to keep my prayer time, I realize that it has nothing to do with my righteousness before God, which only comes through trusting in the blood of Jesus. I will just continue to take the time to pray and seek the Lord as I had decided.

Date _____

Signed _____

PRAYER OF SURRENDER AND DEDICATION

“Lord I surrender my life completely to You. I present my body to You as a living sacrifice. Make me into a house of prayer that You can use. I ask You to pour the Spirit of grace and supplication over me. Begin to pray Your prayers through me! Use me for Your glory! In Jesus name. Amen!”

Lesson 2: What Is Prayer?

“Prayer is the heart’s conversation with God.” — Martin Luther

KEY VERSE:

“Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.” — Revelation 3:20

PRAYER IS FELLOWSHIP WITH GOD

Many people think of prayer only as asking God for things, but Ephesians 6:18 talks about praying “with all kinds of prayers” (NIV).

1. What are the three basic kinds of prayer that Jesus mentions in Matthew 7:7?

Most prayer is included in one of these three basic kinds of prayer.

2. The prayer that Jesus taught us to pray gives us a pattern for our prayer lives. Which one of the three basic kind of prayers comes first? Matthew 6:9

Prayer is first of all fellowship and communion with God—getting to know him. All true prayer is born out of our fellowship with God! Seeking God and developing a love relationship with Him, is the basic aspect of prayer and our first priority in prayer!

3. What was David's desire? Psalm 27:4; 84:1–2 (see also Psalm 63:1)

4. What was Moses' prayer? Exodus 33:18

5. What was Paul's goal in life? Philippians 3:8, 10a

6. Is God interested in our fellowship? Revelation 3:20

7. What is the cry of the bridegroom (Jesus) towards the bride (us) in Song of Songs 2:14?

8. What should be our heart cry to Jesus when we pray? Song of Songs 1:4

9. What was the first thing Paul prayed for the believers at Ephesus? Ephesians 1:17

10. How does John describe the Spirit of wisdom and revelation? 1 John 2:27

11. What will the anointing do? John 16:13

12. Who is truth? John 14:6

Prayer is a conversation with God—a two-way communication where we fellowship with God and allow the Holy Spirit to speak to us, to guide us into all truth, teach us about all things, and reveal Jesus to us. We need to listen just as much as we speak.

13. What has God destined to be our glory? 1 Corinthians 2:7

14. Who can reveal to us God's secret wisdom? 1 Corinthians 2:8–14

15. Who is the true manna from heaven? John 6:51a

16. What did the children of Israel have to do with the manna? Exodus 16:4, 21

We will never mature in our walk with the Lord from just going to church and listen to sermons. Without a personal, daily relationship with God in prayer, we will remain carnal and babes in Christ.

SEEKING GOD

17. What are we asked to seek? 2 Chronicles 7:14; Psalm 27:8

God's face is another expression for God's presence.

18. What do we find in God's presence (literally, "before God's face")? Psalm 16:11

Pastor Yonggi Cho said, "I never attempt to pray for anything, until I first have been refreshed with joy in His presence."

George Muller said, "I spend 90% of my time in prayer seeking God and 10% asking Him for things."

19. What is the way into the presence of God? Psalm 100:2,4

20. What is God seeking? John 4:23

21. 1 Peter 2:9 says that we are "a royal priesthood." What is our first responsibility as priests? Hebrews 13:15

22. What is a condition for finding God? Jeremiah 29:13

23. What is another important aspect of seeking God? Psalm 40:1; Isaiah 40:31

24. What are we commanded to do in prayer? Matthew 26:41

25. How are we to watch? Colossians 4:2

26. What is another important aspect of seeking God and his will? Jeremiah 33:3

27. Does God reveal His secrets to anyone easily? Proverbs 25:2

28. How are we to cry out to God?

1. Luke 22:44

2. Hebrews 5:7

3. Genesis 32:26; 1 Chronicles 4:9–10

29. Who is going to see God? Matthew 5:8

30. What was David's prayer? Psalm 51:10

31. Who is the only one that can search our hearts? Psalm 139:23–24

We see then that seeking God involves:

1. *Seeking **God's presence**.*
2. *Learning to **minister** before God in thanksgiving, praise and worship.*
3. ***Waiting** before God. Being still before him. Meditation.*
4. ***Watching** in prayer. Having our spiritual ears and eyes opened.*
5. ***Crying out** to God with all of our hearts in earnestness and desperation.*
6. *Asking God for **a pure heart**.*

ASKING

32. Does God want us to ask Him for things? John 16:24

33. Why do we lack what God wants us to have? James 4:2b

34. What does God want us to do with our requests? Philippians 4:6

35. What did Jesus ask the blind beggar? Mark 10:51

God wants us to be specific when we ask Him for things.

36. How does God want us to make our requests known to Him? Philippians 4:6

1. _____
2. _____
3. _____

When we make our requests known to God we should:

1. **Wait** on the Holy Spirit to give us guidance.
2. **Write** down our request so we can present it clearly to God.
3. Be as **specific** as possible.

Supplication (petition) means:

1. To **approach a higher authority** with a need necessary for survival.
2. To **plead our case** before a judge. Remind God of His promises.
3. To ask with great **earnestness** and **determination**. We should never ask for anything that we are not prepared to pray for until we receive the answer.

37. What did Jesus do when He raised Lazarus from the dead and when He fed the multitudes?
John 11:41; Matthew 14:19

38. What are we told to do in thanksgiving? Colossians 2:7

39. How does God want us to come to him? Hebrews 4:16

40. What should be the foundation to our prayer? John 15:7

41. What is necessary in order for us to receive answer to our prayer? James 1:6–8

42. What is the basis for our faith? 1 John 5:14–15

43. When should we believe that we have received what we asked for? Mark 11:22–24

God wants to answer our prayers. We are to ask:

1. with *thanksgiving*
2. with *boldness*
3. with *faith*
4. with *perseverance*
5. according to *God's will*

Lesson 3: The Prayer of Intercession

“History is in the hands of the intercessor.”

KEY VERSE:

“I looked for a man among them who would build up the wall and stand before me in the gap on behalf of the land so I would not have to destroy it, but I found none.” — Ezekiel 22:30

KNOCKING

1. What is the third thing that Jesus says about prayer in Matthew 7:8?
-
-

Intercession is forceful prayer. When we know the will of God, we are to boldly pound and knock in prayer with forcefulness, until doors open.

One Hebrew word that is used in the Bible for intercession is “paga” (פגא). It means: “To impinge, by violence or by importunity; to come between, cause to entreat, to intercede, to meet together, pray reach, run.” (Impinge means to strike with a sharp collision, to fasten, drive in, come into close contact.)¹

A Greek word used for intercession is the word “huperentunchano” (ὑπερεντυγχάνω) which consists of two words: huper = “beyond, more than, to the highest degree, abundant,” and entunchano = “to light upon a person or a thing, fall in with, hit upon, a person or a thing; to meet with an authority or person in a position of power for conversation consultation or supplication; pray, plead, intercede.” huperentunchano = to “hyper-pray!”

¹ Gwen R. Shaw, *Pour Out Your Heart* (Jasper, AR: End-Time Handmaidens Inc, 1977) p. 1.

“Prayer is not trying to overcome a reluctance in God, but aggressively laying hold of his willingness.” We pray with boldness, “Let your will be done!” We remind God of his promises.

Romans 8:26 says that the Spirit helps us in prayer by interceding through us. The word here for “help” in the Greek means: “Taking hold; together with; against.” This is the Spirit of intercession!

2. What did Jesus teach us to pray in Matthew 6:10?

3. What has Jesus made us to be? Revelation 1:5–6

4. What are we going to do on the earth when Jesus sets up His Kingdom? Revelation 5:10; 2:26–27; 1 Corinthians 6:2

5. What does the Bible say that we can taste already now? Hebrews 6:5

6. What is necessary in order to pray with authority in intercession? 1 John 5:14–15

7. What precedes sharing the throne with Jesus? Revelation 3:19–21

1.

2.

3.

4.

In intercession we rule with God on the earth, by learning to pray His will into being in the affairs of men. It is a foretaste of “the powers of the age to come.” (Hebrews 6:5)

WHAT INTERCESSION INVOLVES

1. STANDING IN THE GAP

The word intercede means “go between,” “standing in the gap” between two parties. We come before God on behalf of someone else, a person, a family, a church, a city, a nation, a crisis, etc, and then pray until God’s will is done.

Intercession is more than ordinary prayer. It means to take a position as mediator between two parties with our whole being—spirit, soul, and body—24 hours a day. It is a commitment with our whole life. Out from this position, we then pray to God.

8. What is God seeking? Ezekiel 22:30

9. Has it been easy for God to find intercessors? Isaiah 59:15–16

10. What did Moses do when God said that He would destroy Israel? Psalm 106:23

11. How did Moses stand in the gap?

1. Exodus 32:10–11

2. Exodus 32:13

3. Exodus 32:31–32a

4. Exodus 32:32b

2. RECEIVING “THE BURDEN OF THE LORD”

This means to experience an unusual sympathy or concern by the Holy Spirit, feeling God's grief, pain and love, actually partaking in the sufferings of Messiah.

12. Who did the Lord tell the angel to spare when He judged His people? Ezekiel 9:4–6

13. What are God's feelings over His people's sin? Jeremiah 9:1

14. What did Paul say that the love of Messiah did with him? 2 Corinthians 5:14

The burden of the Lord must not be confused with depression from the enemy, which makes us passive. A burden from the Lord drives us rather into action, it drives us to pray for the situation.

15. What are we to always do? Philippians 4:4; Ephesians 5:19–20

If we live a praise-filled life, maintaining “the normalcy of the spirit” (Watchman Nee) of joy and peace, it is easier to discern if the burden that we receive is a true burden from the Lord. The burden of the Lord is a constructive force, compelling us to pour out our hearts before the Lord in prayer.

3. THE SPIRIT TAKING HOLD OF OUR SPIRIT IN PRAYER

Sometimes when we pray for something that is in line with the will of God, a force wells up from our spirit, “taking hold together with our spirit”, adding another more intense dimension to the prayer.

16. Who is interceding through us? Romans 8:26

17. How is the Holy Spirit interceding? Romans 8:26

18. Who understands this intercession? Romans 8:27

19. Why?

4. WRESTLING WITH THE ENEMY

The Spirit helps us in intercession by taking a hold together with our spirit against the enemy and his forces.

20. Who are we wrestling against? Ephesians 6:12

21. Besides being tempted by Satan, who did Jesus have to contend with in the wilderness before He started His public ministry? Mark 1:13

22. Who did Paul fight against in Ephesus? 1 Corinthians 15:32

The wild beasts that both Jesus and Paul faced were demonic powers (compare Daniel 7:17, 23–27 and Ephesians 6:12)

23. What did the demon say to the sons of Sceva in Ephesus when they tried to cast him out? What happened to the sons of Sceva? Acts 19:15–16

24. What happened to Paul in Ephesus? 1 Corinthians 16:8–9

25. What must happen before anyone can enter into a strong man's house and spoil his goods? Mark 3:27

5. TRAVAILING WITH PAIN UNTIL BIRTH

Through intercessory prayer, we give birth to the manifestation of the will of God. When Hannah prayed, she gave birth to Samuel, which started a whole new era in the history of Israel (1 Samuel 1:1–20; Acts 13:20).

26. What is the whole creation doing right now? Romans 8:22

27. Why? Romans 8:21

28. Who else groans and travails? Romans 8:23

29. What is the ultimate purpose of this groaning and travail? Romans 8:23, 19; Matthew 6:10

30. What did Paul have to do with the Galatians? Galatians 4:19

When the Spirit of intercession comes upon us, we need to learn to yield to the Spirit and let Him pray through us, using our bodies as He wills (not just words), until we have “prayed through.”

31. What happens when we have prayed through? John 16:20–21, 1 Samuel 1:15–18; 2:1

One of the greatest intercessors in church history, Rees Howells, said that there are three stages in intercession: 1. Identification, 2. Travail, 3. Authority.

The Holy Spirit will always move us to identify with the people we pray for. We get a burden to pray for them. God is looking for someone “among them” to stand in the gap “on behalf of the land.” In intercession, we identify with the people we pray for, taking their place before God. Then we enter into wrestling and travail until we have prayed through, reaching the point of authority, ruling and reigning with Messiah in prayer.

REQUIREMENTS FOR INTERCESSORS

1. **Unselfishness.** *An intercessor must be able to set his/her own problems aside in order to stand in the gap for others.*
2. **Love.** *An intercessor must have a love for the people that motivates him/her to intercede for them. We can only be used in true intercession to the same extent that we have love.*
3. **Passion for God's glory.** *The purpose is to pray God's will into being.*
4. **Holiness.** *The intercessor must be able to make his voice be heard on high.*
5. **Worship.** *The intercessor must have God's favor.*
6. **Alertness.** *An intercessor is a watchman, Isa 62:6-7*
7. **Perseverance.** *We must keep standing in the gap until the case is solved.*

HOW TO BE USED BY GOD IN INTERCESSION

1. **Respond to God's call in Ezekiel 22:30**
2. **Present your body to God as a living sacrifice, making it available for the Holy Spirit to use.** *Romans 12:1*
3. **Ask that God will make your body into a "house of prayer."** *1 Corinthians 6:17-20; Mark 11:17; Jeremiah 18:1-6*
4. **Learn to wait upon God and to yield to the Holy Spirit praying through you.** *Romans 8:26*
5. **Learn to fast!** *Fasting and intercession go together. Mark 9:28-29 (NKJV)*

YOU MUST HAVE PROTECTION

1. **After you have prayed be prepared to STAND,** *Ephesians 6:13. If you place yourself in the gap, the enemy will make you a target for his attacks.*
2. **Forgive others who do you wrong,** *Matthew 6:12; Mark 11:25, 1 John 2:9-11.*

3. *Be watchful*, Matthew 6:13, 1 Corinthians 10:12; 1 Peter 5:8–9.
4. *Live a holy life, praising God and the enemy cannot harm you*, John 14:30; Psalm 91.

COMMON TEMPTATIONS FOR INTERCESSORS

1. **Criticism.** *God shows us what is wrong in order for us to pray for it. Satan is also eager to show us “what is wrong” to make us critical. Always believe the best and pray the rest. If criticism comes in, the Holy Spirit cannot use us in intercession.*
2. **Pride.** *When God starts to use us in intercession, the enemy will tempt us with pride. Remember that we are only as spiritual as we are dead to self, and manifest the fruit of the Spirit in our lives. Being used by God does not make us spiritual! Seek humility!*
3. **Depression.** *The enemy tries to trick us with depression, by us thinking that we are spiritual in carrying the burden of the Lord. We must learn how to give everything to the Lord in prayer and live a praise filled life rejoicing in the Lord. It is our strength.*
4. **Being “demon-focused” instead of “God-focused.”** *We need to have a big Jesus and a small devil. Praise and magnify God before you intercede!*
5. **Trusting emotions and manifestations, instead of praying in faith.** *Do not resist manifestations when they come, but don’t look for them or trust in them. Pray in faith! The secret to intercession is not formulas, methods or techniques, but an intimate relationship with Jesus. (Revelation 3:20–21)*

Lesson 4: You Can Pray Like Jesus

“God has made it possible for us to pray just as powerfully as Jesus prayed.”

KEY VERSES:

“Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father.” — John 14:12

“... everyone when he is fully trained will be like his teacher.” — Luke 6:40

JESUS IS OUR EXAMPLE

1. What did Jesus do when He came to earth? Philippians 2:5-7

2. How did He identify Himself before Satan? Matthew 4:3-4

3. What happened to Jesus before He started His ministry? Acts 10:38

4. How did He act in His ministry? John 5:19, 30

5. Besides suffering in our place, what has Jesus done? 1 Peter 2:21

6. What are two things that God wants for us? John 15:8

7. What is the goal of our discipleship? Luke 6:40

8. What did the disciples ask Jesus to teach them? Luke 11:1

9. What did Jesus say we should do if we believe in Him? John 14:12

The purpose for Jesus' first coming was to:

1. *die for our sins*
2. *defeat the enemy*
3. *reveal the Father*
4. *give us an example on how we should live*

Even though Jesus is God, He came to earth as a man. He ministered as a man anointed by the Holy Spirit, and He overcame the enemy as a man. He was sinless and opened the way for us to the Father through His death and resurrection.

THE BLOOD OF JESUS

The blood of Jesus is God's first provision to help us pray like Jesus prayed.

10. What happened when man fell? Genesis 3:24

11. What is it that separates us from God and hinders our prayers? Isaiah 59:1–2

12. What is it that has brought us near to God again? Ephesians 2:13

13. What did God do with Messiah? Romans 3:23–25

The cross at Golgotha where Jesus shed His blood as the perfect sacrifice for all sin is the place where God restored man back to fellowship with Himself again. It is the starting point of all true prayer.

14. What did Jesus do with His own blood? Hebrews 9:11–12

15. What does it say about the blood of Abel? Genesis 4:9–10

16. Where is the blood of Jesus today and what is it doing? Hebrews 12:22–24

17. What is a key to God answering our prayer? 1 John 3:21–22a

18. What can the blood of Jesus do? Hebrews 9:13–14; 10:19

19. How many could enter into God's presence in the Most Holy Place in the first covenant? Hebrews 9:7

20. How often did the high priest enter into the Most Holy Place?

21. What happened when Jesus died? Mark 15:37–38

22. What does this mean for us today? Hebrews 10:19–22 (see also Hebrews 9:8–9)

23. What must we do to approach God in prayer? 1 John 1:8–9

24. What else must we do? Hebrews 12:14; 1 John 3:2–3

25. How many sins does the blood of Jesus cleanse from? 1 John 1:7

26. What can hinder us from being forgiven by God? Matthew 6:12, 14–15

27. What must we do when we pray? Mark 11:25

The blood of Jesus gives us a clean conscience so we can come into God's presence, and confidence to approach him in prayer with boldness, so that we can have our prayers answered. The blood of Jesus is God's first provision for our prayer life.

THE NAME OF JESUS

The Name of Jesus is God's second provision to help us pray like Jesus prayed.

28. How are we to pray to God? Jn 16:23-24

*The name of Jesus is **not a formula or a phrase** that we must add to our prayers for God to hear us. The power of the name of Jesus is first of all **a revelation of the authority of our position and standing before God** through the new birth. We are in Messiah.*

*Secondly, the name of Jesus is **only effective** when we know that we represent Messiah and His will before the Father. We speak by faith on behalf of Messiah and God hears us, just as if Jesus Himself was praying.*

29. What happened when we were baptized in water? Romans 6:3-5

30. Who has done this work? 1 Corinthians 1:30

31. Into whom have we been baptized? Romans 6:3 Into what name have we been baptized?
Acts 19:3–5 (NIV)

32. What does 1 Corinthians 6:13b–15, 17 say about us?

God has united us with Messiah. We are in Messiah and have been baptized into His name. We are “in His name.” We are one spirit with the Lord. Messiah is in us. This is the position that we pray from—and the authority that we pray with—to the Father! This is the good news of the new covenant that Jesus told his disciples in John 16:23–24.

33. What did Jesus say that His works proved? John 14:10–11

34. What did Jesus promise us? John 14:12 What is the condition?

35. What has Jesus promised when we pray in His name? John 14:13–14

36. What did Philip preach about in Samaria? Acts 8:12

37. Read the story in Acts 3:1–16. Do you think Peter healed every beggar in the Temple in Jerusalem?

38. Do you think Peter had seen this lame man before? Acts 3:1–2

39. Why do you think that Peter was so bold in proclaiming the lame man's healing? Ac 3:4–6

40. What did Peter say was **not** the reason for the man's healing? Acts 3:12

41. What was the reason? Acts 3:16

The Name of Jesus is the second thing God has given us for our prayer life so that we can pray as Jesus prayed. Through the name of Jesus we can pray with the same authority that Jesus has.

When we know what the will of God is through the Holy Spirit, we can by faith pray and speak on behalf of Jesus in His name.

THE HOLY SPIRIT

The Holy Spirit is God's third provision to help us pray like Jesus prayed.

42. How do we have access to the Father? Ephesians 2:18

43. How should we always pray? Jude v. 20; Ephesians 6:18

44. What is the opposite of praying in the Spirit? Galatians 5:16–17

45. What is God's will for us? Romans 8:14

46. Can we expect to get our prayers answered if we are motivated by selfish and worldly desires? James 4:3–4

We are to walk in the Spirit and not in the flesh. In the same way, we are to pray in the Spirit and not in the flesh. To pray in the Spirit means to pray God's will, for His purposes, and with His power. To pray in the flesh is to pray our own will, for our purposes, and in our power.

47. What is praying in tongues? 1 Corinthians 14:14

48. What is the opposite of praying with the spirit? 1 Corinthians 14:15

*Without the Holy Spirit there can be no true prayer. **We are commanded to always pray in the Spirit.** But we are not to always pray **with** our spirit (i.e. praying in tongues), but also with our mind. Romans 11:36 explains the cycle of prayer: “For from Him and through Him and to Him are all things. To Him be the glory forever! Amen.” Prayer that originates in heaven will also return to heaven.*

The command to always pray in the Spirit means that all prayer should be:

- 1. **Spirit initiated**—the Holy Spirit needs to show us what to pray for*
- 2. **Spirit guided**—the Holy Spirit needs to show us how to pray for it*
- 3. **Spirit empowered**—we need to pray in the anointing of the Holy Spirit*
- 4. **Spirit sustained**—we need to pray as long as the Spirit prompts us to pray (until we have prayed through).*

Four Different Ways that We Can Pray in the Spirit

- 1. With known words—i.e. with our understanding, 1 Corinthians 14:15.*
- 2. With unknown words—i.e. with our spirit (tongues), 1 Corinthians 14:15.*
- 3. With no words—i.e. groans that words cannot express, Romans 8:26.*
- 4. With God's words—i.e. praying Scriptures (the “sword of the Spirit,” Ephesians 6:17) that the Spirit gives us.*

God wants to give us a rich prayer life, led by the Holy Spirit. The Bible speaks of praying with our whole being: with our bodies (kneeling, with uplifted hands, Ephesians 3:13; 1 Timothy 2:8), with our souls (understanding, will, feeling, 1 Corinthians 14:15, Luke 18:41, Hebrews 5:7), with our spirit (groanings without words, the language of both men and angels, Romans 8:26, 1 Corinthians 14:14–15; 13:1).

*When we **ask** we must pray with our understanding. When we **seek** we often pray with our spirit. When we **knock** we many times pray with groans that words cannot express.*

49. When we pray in tongues what can we ask God for? 1 Corinthians 14:13

50. List four different ways that the interpretation can come. 1 Corinthians 14:6 (NIV)

The blood of Jesus gives us access to the same boldness that Jesus had when he prayed.

The Name of Jesus gives us access to the same authority that Jesus had when he prayed.

The Holy Spirit gives us access to the same power that Jesus had when he prayed.

We will never be perfect on this side of eternity, but we should strive to learn to pray as Jesus prayed! “The prayer of a righteous person is powerful and effective.” James 5:16

Through His blood, His name, and the Holy Spirit, we can have the same prayer life that Jesus had when He was on the earth.

Answers

LESSON 1: WHY PRAY?

1. God reveals His plans to His servants the prophets.
2. So that we can work together with God by praying His will into being.
3. Live a disciplined life so that we can pray.
4. The first disciples lacked both financial and political power. But they had God's power.
5. A house of prayer.
6. A den of robbers.
7. A spiritual battle against spiritual forces in the heavenly realms.
8. Teach us to pray!
9. They saw how much Jesus prayed.
10. He had a desire to be in His Father's presence.
11. He did nothing of Himself but only what He saw His Father do.
12.
 - a) Very early in the morning
 - b) So that heaven opened, and the Holy Spirit descended
 - c) With fasting
 - d) He often withdrew to lonely places to pray
 - e) A whole night
 - f) So that the appearance of His face changed
 - g) So that an angel appeared and strengthened Him
 - h) With anguish, loud cries and tears
13. A clear mind and self-control.
14. The spirit and pattern of this world.
15. The cares of this life.
16. Cast them on the Lord for He cares for us.
17. Being worried and upset about many things.
18. She had chosen the good part, to sit at the feet of Jesus and listen to His Word.
19. We are to live peaceful and quiet lives.
20. On things above, not on earthly things.
21. The love of the world and the love of the Father.
22. Fasting and partaking of God's Word
23. To humble ourselves before God and denying ourselves.
24. Yes.
25. Radio, TV, phones, social media, computers, commercials, magazines.

26. Smart phones and other media.
27. The Scriptures.
28. The words of Jesus.
29. He had disciplined habits.
30. The spirit is willing, but the body is weak.
31. Our own body.
32. Discipline it and bring it into subjection.
33. Being temperate in all things, go into strict training.
34. To devote ourselves to prayer.
35. The grace of God and the blood of Jesus.
36. Part of the fruit of the Spirit.
37. God's grace towards him was not in vain or without effect.
38.
 1. place
 2. times
 3. custom, or habit
39. Go into our room, close the door and pray to our Father in secret.
40. The days are evil so we must redeem the time, make the most of every opportunity or it will just go to waste.
41. Early in the morning.
42. Evening, noon, in the night.

LESSON 2: WHAT IS PRAYER?

1. Asking, seeking, and knocking.
2. To glorify God, or, in other words, seeking.
3. To be in God's presence.
4. To see God's glory.
5. To know Christ.
6. Yes. He is pursuing an intimate heart to heart fellowship with us.
7. Show me your face, let me hear your voice!
8. Take me away with you! Let the king bring me into His chambers. (NIV)
9. A spirit of wisdom and revelation to know Christ.
10. The anointing that teaches us about all things.
11. Guide us into all truth, speaking to us what He hears, and showing us what is to come.
12. Jesus.
13. God's secret wisdom.
14. The Spirit of God.
15. Jesus.
16. Go and gather it every day in the morning.
17. God's face.
18. Fullness of joy.
19. Thanksgiving and praise.
20. Those who worship God in spirit and in truth.

21. To offer to God a sacrifice of praise.
22. To seek Him with all our hearts.
23. To eagerly wait before Him.
24. Watch, being spiritually alert.
25. With thanksgiving.
26. To call on Him.
27. No. It is the honor of God to conceal a matter, but the glory of kings to search it out.
28.
 1. Earnestly.
 2. With loud cries and tears.
 3. With desperation and determination.
29. Those who are pure in heart.
30. Create in me a clean heart o God!
31. God.
32. Yes. He wants us to ask and receive so that our joy will be full.
33. Because we do not ask.
34. Make them known to God, present them to Him.
35. What do you want me to do for you?
36.
 1. By prayer.
 2. And supplication.
 3. With thanksgiving.
37. He looked up to heaven and thanked God.
38. Overflow in it.
39. Boldly.
40. Abiding in Jesus and letting God's word abide in us.
41. To have faith in God.
42. Knowing the will of God.
43. When we pray.

LESSON 3: THE PRAYER OF INTERCESSION

1. To him who knocks, the door will be opened.
2. That God's Kingdom should come and that His will should be done on earth as in heaven.
3. A kingdom and priests – a royal priesthood.
4. Reign on the earth, rule the nations, judge the world.
5. The powers of the coming age.
6. Know God's will.
7.
 1. Correction
 2. Discipline.
 2. Repentance.
 3. Intimate fellowship with Jesus.
8. Someone to make a wall and stand in the gap before God on behalf of the land.
9. No. God was astonished that there was no intercessor.
10. Moses stood in the breach before God.

11.
 1. He sought God's favor.
 2. He reminded God of His promises.
 3. He confessed his people's sin and asked God to forgive.
 4. He risked his own life.
12. Those that grieved and wept over the people's sins.
13. He wants to weep day and night for them.
14. It compelled him to act.
15. Rejoice in the Lord, singing and making melodies in our hearts, thanking Him for everything.
16. The Holy Spirit.
17. With groans that words cannot express.
18. God.
19. He understands the mind of the Spirit because he intercedes in accordance with God's will.
20. Principalities, powers, rulers of the darkness of this age, spiritual hosts of wickedness in the heavenly realms.
21. Wild beasts.
22. Wild beasts.
23. "Jesus I know, and Paul I know; but who are you?" They had to flee.
24. A great door for effective work opened up.
25. He must first bind the strong man.
26. Groaning as in pains of childbirth.
27. For liberation into the glorious freedom of the sons of God.
28. We who have the first fruits of the Spirit.
29. The redemption of our bodies, the revelation of the sons of God – the Kingdom of God.
30. Labor in birth until Christ was formed in them.
31. We experience great joy and relief

LESSON 4: YOU CAN PRAY LIKE JESUS

1. He laid aside His equality with God and came as a man.
2. As a man.
3. He was anointed with the Holy Spirit and with power.
4. He did nothing on His own initiative, but only did and spoke what He saw and heard from the Father.
5. Leaving us an example that we might follow in His steps.
6. To bear much fruit and become disciples of Jesus.
7. To become like our Master.
8. Lord, teach us to pray!
9. Do the same works that He did.
10. He was driven out of the Garden of Eden. God placed cherubim and a flaming sword to guard the way back.
11. Our sins.
12. The blood of Jesus.
13. He presented Christ as a sacrifice of atonement through faith in His blood.

14. He carried it into the Most Holy Place in heaven.
15. It cried to God from the ground.
16. In heaven before God, speaking for us a better word than the blood of Abel.
17. Having confidence before God, being free from condemnation.
18. It can give us a clear conscience and confidence to enter the Most Holy Place.
19. Only the high priest.
20. Only once a year.
21. The curtain before the Most Holy Place was torn in two, from top to bottom.
22. The way back into the presence of God has been opened.
23. Confess our sin.
24. Pursue holiness and purity.
25. All sin.
26. If we have not forgiven others.
27. Forgive if we have anything against anyone.
28. In the name of Jesus.
29. We were baptized into Messiah, into union with His death, burial, and resurrection.
30. God.
31. We have been baptized into the name of Jesus.
32. Our bodies are members of Messiah himself, and we are one spirit with him.
33. That He was in the Father, and that the Father was in Him.
34. That we shall do what Jesus did and even greater things. That we have faith in Him.
35. To do what we have asked.
36. The good news of the Kingdom of God and the name of Jesus Christ.
37. Probably not.
38. Probably.
39. Because he understood by the Spirit of God that God wanted to heal him at that moment,
which gave him faith to pray and act in the name of Jesus.
40. His own power or godliness.
41. Faith in the name of Jesus.
42. By the Spirit of God.
43. In the Spirit.
44. Praying in the flesh, being motivated by our flesh.
45. To be led by the Spirit
46. No
47. Praying with our spirit.
48. Praying with our understanding.
49. Interpretation.
50. Through a revelation (a vision), a word of knowledge, a prophecy, or a word of instruction
(word of wisdom).

